

Values led

- During PE lessons, teachers encourage students to respect their teammates, opponents, and equipment; teachers model optimistic attitudes by celebrating small successes and encouraging positive self-talk. Kindness is woven into PE by creating an environment that values encouragement, empathy, and support.



OUR P.E./SPORT

VISA

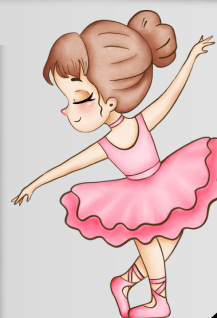


Inclusive

- We ensure all students, regardless of ability, background or experience, have equitable opportunities to participate, learn and enjoy physical activity. Through differentiated activities, there is an emphasis on personal progress and adaptations to resources create a supportive environment for all.

Systematic

- Careful planning and sequencing ensures pupils retain and build on prior knowledge and skills, integrating new learning with what they already know, making connections between key skills. Lessons are structured with clear objectives allowing pupils to gain confidence and proficiency before moving on to more advanced tasks.



Aspirational

- Pupils are given opportunities to challenge themselves, develop their leadership skills and develop a lifelong love for health and fitness. We offer a wide range of extra-curricular activities, competitions and workshops to inspire students to see themselves as capable, resilient, and ambitious individuals.



Believe Achieve Succeed - Learning without Limits