
















# Autumn Winter Menu 2024/25

**WEEK ONE** Dates: 9<sup>th</sup> Sep, 30<sup>th</sup> Sep, 21<sup>st</sup> Oct, 11<sup>th</sup> Nov, 2<sup>nd</sup> Dec, 23<sup>rd</sup> Dec, 13<sup>th</sup> Jan, 3<sup>rd</sup> Feb, 24<sup>th</sup> Feb, 17<sup>th</sup> Mar, 7<sup>th</sup> Apr

WEEK 1	GREEN EARTH MONDAY	TUESDAY Street Food/Favourites	WEDNESDAY Roast	THURSDAY Pasta Plus	FRIDAY Chippy Day
Red Option (Meat)	Cheese & Tomato Pizza with Tomato Pasta Salad 	Red Tractor Chicken Sausage Roll with Skin on Baked Potato Wedges	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Red Tractor Lamb Pasta Bolognese & Garlic Bread 	MSC Fish Fingers & Chips
Blue Option (Halal)	n/a	Halal Chicken Sausage Roll with Skin on Baked Potato Wedges	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Red Tractor Lamb Pasta Bolognese & Garlic Bread 	N/A
Green Option (Vegetarian)	Mild chick pea curry & rice 	Cheese & Onion Pastry Roll with Skin on Baked Wedges	Lentil Bake with Gravy, Yorkshire Pudding & Roast Potatoes 	Plant-based Pasta Bolognese with Garlic Bread 	Crispy Vegetable Fingers & Chips
Yellow Option (Pasta, Jacket Potato or Sandwich)	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Cheesy Pasta	Freshly made sandwiches with Cheese	Jacket Potato with Cheesy Beans, Tuna Mayonnaise, or Cheese or Beans	Cheesy Pasta
Vegetables	Broccoli/Cauliflower & Carrots, Sweetcorn 	Red Tractor British Peas, Baked Beans 	Broccoli/Cauliflower & Carrots 	Broccoli, Carrots & Cauliflower Sweetcorn 	Baked Beans British Red Tractor Garden Peas 
Dessert	Chocolate Mousse & Orange Smiles 	Homemade Jam Buns & Custard	'Hidden Fruit' Chocolate, (Beetroot & Pear) Brownie	Fruity Strawberry Jelly & Mandarin Segments	Vanilla & Cherry Cookie Cup & Custard 

Salad Bar, Freshly Baked Bread, Fresh Fruit, and Yoghurt available daily



Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portions are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



# Autumn Winter Menu 2024/25

**WEEK TWO** Dates: 16<sup>th</sup> Sep, 7<sup>th</sup> Oct, 28<sup>th</sup> Oct, 18<sup>th</sup> Nov, 9<sup>th</sup> Dec, 30<sup>th</sup> Dec / 20<sup>th</sup> Jan, 10<sup>th</sup> Feb, 3<sup>rd</sup> Mar, 24<sup>th</sup> Mar, 14<sup>th</sup> Apr

WEEK 2	GREEN EARTH MONDAY	TUESDAY Street Food/Favourites	WEDNESDAY Roast	THURSDAY Pasta Plus	FRIDAY Chippy Day
<b>Red Option (Meat)</b>	Cheese & Tomato Pizza with Tomato Pasta Salad 	Red Tractor Chicken Sausage with Mashed Potatoes & Gravy	Roast Chicken with Gravy and Stuffing & Roast Potatoes	Lamb & Potato Pie with Mash	MSC Battered Fish & Chips
<b>Blue Option (Halal)</b>	N/A	Red Tractor Chicken Sausage with Mashed Potatoes & Gravy	Roast Chicken with Gravy and Stuffing & Roast Potatoes	Lamb & Potato Pie with Mash	N/A
<b>Green Option (Vegetarian)</b>	Potato, Spinach & Cheese Toasted Wrap with Tomato 	Plant Based Sausage with Mashed Potatoes & Gravy 	Quorn Grill with Gravy, Stuffing & Roast Potatoes 	Macaroni Cheese	<b>Cheese &amp; Tomato Pinwheel &amp; Chips</b>
<b>Yellow Option (Pasta, Jacket Potato or Sandwich)</b>	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Cheesy Pasta	Freshly made sandwiches with Cheese	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Cheesy Pasta
<b>Vegetables</b>	Baked Beans or British Red Tractor Garden Peas 	Broccoli/Cauliflower & Carrots 	Broccoli/Cauliflower & Sweetcorn 	Broccoli/Cauliflower & Carrots 	Baked Beans, British Red Tractor Garden Peas 
<b>Dessert</b>	Apple & Sultana Crumble Bar with Custard 	Iced Carrot Cake & Orange Slices 	Chocolate Shortbread/Pinwheels with Chocolate Sauce	Ice cream	Chocolate Oaty Slice

Salad Bar, Freshly Baked Bread, Fresh Fruit and Yoghurt available daily



Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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# Autumn Winter Menu 2024/25



**WEEK THREE** Dates: 2<sup>nd</sup> Sep, 23<sup>rd</sup> Sep, 14<sup>th</sup> Oct, 4<sup>th</sup> Nov, 25<sup>th</sup> Nov, 16<sup>th</sup> Dec, 6<sup>th</sup> Jan, 27<sup>th</sup> Jan, 17<sup>th</sup> Feb, 10<sup>th</sup> Mar, 31<sup>st</sup> Mar

WEEK 3	GREEN EARTH MONDAY	TUESDAY Street Food/Favourites	WEDNESDAY Roast	THURSDAY Pasta Plus	FRIDAY Chippy Day
Red Option (Meat)	Cheese & Tomato Pizza	Lamb Lasagne with Garlic & Tomato Bread 	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Garlic & Tomato Chicken Pasta 	MSC Fish Fingers & Chips
Blue Option (Halal)	N/A	Halal Lamb Lasagne with Garlic & Tomato Bread 	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Garlic & Tomato Chicken Pasta 	N/A
Green Option (Vegetarian)	Beany Shepherd's Pie 	Vegetable Lasagne with Garlic & Tomato Bread 	Beany Bake with Gravy, Yorkshire Pudding & Roast Potatoes 	Garlic & Tomato Vegetable Pasta Spirals 	Crispy Vegetable Fingers & Chips
Yellow Option (Pasta, Jacket Potato or Sandwich)	Cheesy Pasta	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Freshly made sandwiches with Cheese	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Cheesy Pasta
Vegetables	Broccoli/Cauliflower & Carrots & Sweetcorn 	Sweetcorn & Carrots 	Broccoli/Cauliflower & Carrots 	Baked Beans, British Red Tractor Garden Peas 	Baked Beans, British Red Tractor Garden Peas 
Dessert	Lemon Cupcake with Fruit Slices 	Chocolate Cookie & Orange Wedges 	Chocolate Crunch & Chocolate Sauce or Pink Custard	Chocolate Mousse	Lemon Drizzle Cake With Custard

Salad Bar, Freshly Baked Bread, Fresh Fruit and Yoghurt available daily



Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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