




















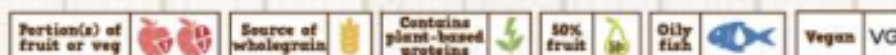


Autumn/Winter Menu Week 1

10th Nov. 1st & 22nd Dec. 19th Jan. 9th Feb. 2nd & 23rd March

WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Red Option (Meat)	Red Tractor Chicken Sausage Roll & Home-baked Potato Wedges	Chicken Taco with Corn Tortilla, Tomato Sauce & Sunny Rice 	Roast Chicken, Gravy, Stuffing & Roast Potatoes	Wholemeal Tomato & Cheese Pizza & Home-baked Potato Wedges 	MSC Fish Fingers & Chips
Blue Option (Halal)	Halal Chicken Sausage Roll & Home-baked Potato Wedges	Chicken Taco with Corn Tortilla, Tomato Sauce & Sunny Rice 	Halal Roast Chicken, Gravy, Stuffing & Roast Potatoes	Wholemeal Tomato & Cheese Pizza & Home-baked Potato Wedges 	MSC Fish Fingers & Chips
Green Option (Vegetarian)	Macaroni Cheese	Lentil Fritter Taco with Corn Tortilla, Tomato Sauce & Sunny Rice ^{VG}  	Quorn Grill, Gravy, Stuffing & Roast Potatoes 	Cheese Flan 	Vegetable Fingers & Chips with Ketchup ^{VG}
Yellow Option	Jacket Potato with Tuna Mayo or Cheese or Beans  	Pasta with Cheese Sauce	Cheese Sandwich	Jacket Potato with Tuna Mayo or Cheese or Beans  	Pasta With Cheese Sauce
Vegetables	Baked Beans & Sweetcorn 	Mixed Salad or Broccoli 	Seasonal Greens & Carrots 	British Red Tractor Garden Peas, Sweetcorn 	British Red Tractor Garden Peas, Baked Beans 
Dessert	Vanilla Ice Cream	Chocolate & Pear Crumble ^{VG} & Custard 	Strawberry Jelly ^{VG}	Oaty Date Cookie 	Vanilla Shortbread ^{VG} & Chocolate Sauce

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt



England's target for 'free sugar' intake for your child
 Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
 On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



Autumn/Winter Menu Week 2

27th Oct, 17th Nov, 8th Dec, 5th & 26th Jan, 16th Feb, 9th March

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Red Option (Meat)	Chicken Sausage & Mash with Gravy	Red Tractor Lamb Pasta Bolognese & Garlic Bread 	Roast Chicken, Gravy, Yorkshire Pudding & Roast Potatoes	Wholemeal Margherita Pizza & Home-baked Potato Wedges 	MSC Battered Pollock & Chips
Blue Option (Halal)	Halal Chicken Sausage & Mash with Gravy	Halal Red Tractor Lamb Pasta Bolognese & Garlic Bread 	Halal Roast Chicken, Gravy, Yorkshire Pudding & Roast Potatoes	Wholemeal Margherita Pizza & Home-baked Potato Wedges 	
Green Option (Vegetarian)	Cauliflower, Sweet Potato & Chickpea Curry with Rice ^{VG} 	Plant-based Pasta Bolognese & Garlic Bread 	Macaroni Cheese	Stuffed Yorkshire Pudding with Roasted Winter Vegetable Casserole & Roast Potatoes ^{VG} 	Roast Mediterranean Vegetable, Tomato & Mozzarella Tart
Yellow Option	Pasta with Cheese	Jacket Potato with Tuna Mayo or Cheese or Beans 	Cheese Sandwich	Jacket Potato with Tuna Mayo or Cheese or Beans 	Pasta with Cheese
Vegetables	Broccoli, Sweetcorn or Baked Beans 	Broccoli, Cauliflower & Carrots 	Seasonal Greens & Carrots 	British Red Tractor Garden Peas, or Sliced Carrots 	British Red Tractor Garden Peas, Baked Beans
Dessert	Chocolate Mousse	Chocolate Fudge Cake	Apple Crumble ^{VG} & Custard 	Flapjack ^{VG}	Shortbread & Fruit Slices






















Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt



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Autumn/Winter Menu Week 3

3rd & 24th Nov, 15th Dec, 12th Jan, 2nd & 23rd Feb, 16th March

WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Red Option (Meat)	Lamb Burger with Home-baked Potato Wedges	Mild Chicken Curry served with Mixed Rice 	Roast Chicken, Gravy, Stuffing & Roast Potatoes	Margherita Pizza with Home-baked Potato Wedges 	Chicken Nuggets & Chips
Blue Option (Halal)	Lamb Burger with Home-baked Potato Wedges	Halal Mild Chicken Curry served with Mixed Rice 	Roast Chicken, Gravy Stuffing & Roast Potatoes	Margherita Pizza with Home-baked Potato Wedges 	Halal Chicken Nuggets & Chips
Green Option (Vegetarian)	Vegetable Burger with Home-baked Potato Wedges 	Spinach & Sweet Potato Curry ^{VG}  	Vegetable Lasagne & Garlic Bread  	Roasted Butternut, Pepper & Tomato Dhal with Mixed Rice & Flatbread ^{VG}  	Crispy Vegetable Fingers & Chips ^{VG}
Yellow Option	Jacket Potato with Tuna Mayo or Cheese or Beans  	Pasta with Cheese Sauce	Cheese Sandwich	Jacket Potato with Tuna Mayo or Cheese or Beans  	Pasta with Cheese Sauce
Vegetables	Sweetcorn, Baked Beans 	Broccoli, Cauliflower & Carrots 	Seasonal Greens & Carrots 	Broccoli or Sweetcorn 	British Red Tractor Garden Peas, Baked Beans 
Dessert	Chocolate Oaty Slice ^{VG}	Syrup Sponge Pudding & Custard	Apple & Cinnamon Rolls 	Vanilla Cookie & Fruit Slices ^{VG} 	Iced Sponge Cake with Sprinkles

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg  	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 	Vegan VG
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