
















Autumn Winter Menu 2024/25

WEEK ONE Dates: 9th Sep, 30th Sep, 21st Oct, 11th Nov, 2nd Dec, 23rd Dec, 13th Jan, 3rd Feb, 24th Feb, 17th Mar, 7th Apr

| WEEK ONE | GREEN EARTH MONDAY | TUESDAY Street Food/Favourites | WEDNESDAY Roast | THURSDAY Pasta Plus | FRIDAY Chippy Day |
|-----------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|
| Main Meal Option | Tomato, Baked Bean & Spiral Pasta Bake  | Red Tractor Chicken Sausage Roll with Skin on Baked Potato Wedges | Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes | Red Tractor Lamb Pasta Bolognese & Garlic Bread  | MSC Fish Fingers & Chips |
| Halal Option | n/a | Halal Chicken Sausage Roll with Skin on Baked Potato Wedges | Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes | Red Tractor Lamb Pasta Bolognese & Garlic Bread  | N/A |
| Vegetarian Option | Cheese & Tomato Pizza with Tomato Pasta Salad  | Cheese & Onion Pastry Roll with Skin on Baked Wedges | Quorn Grill with Gravy, Yorkshire Pudding & Roast Potatoes  | Plant-based Pasta Bolognese with Garlic Bread  | Crispy Vegetable Fingers & Chips |
| Vegetables | Broccoli/Cauliflower & Carrots, Sweetcorn  | Red Tractor British Peas, Baked Beans  | Broccoli/Cauliflower & Carrots  | Broccoli, Carrots & Cauliflower Sweetcorn  | Baked Beans British Red Tractor Garden Peas  |
| Pasta, Jacket Potato or Sandwich Option | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans | Pasta with Cheese Sauce or Tomato & Basil Sauce | Freshly made sandwiches with Cheese or Tuna Mayonnaise | Pasta with Cheese Sauce or Tomato & Basil Sauce | Jacket Potato with Cheesy Beans, Tuna Mayonnaise, or Cheese or Beans |
| Dessert | Chocolate Mousse & Orange Smiles  | Homemade Jam Buns & Custard | 'Hidden Fruit 'Chocolate, (Beetroot & Pear) Brownie | Fruity Strawberry Jelly & Mandarin Segments | Vanilla & Cherry Cookie Cup & Custard  |

Salad Bar, Freshly Baked Bread, Fresh Fruit, and Yoghurt available daily



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|-------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| Portion(s) of fruit or veg  | Source of wholegrain  | Contains plant-based proteins  | 50% fruit  | Oily fish  |
|-------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Autumn Winter Menu 2024/25



WEEK TWO Dates: 16th Sep, 7th Oct, 28th Oct, 18th Nov, 9th Dec, 30th Dec / 20th Jan, 10th Feb, 3rd Mar, 24th Mar, 14th Apr

| WEEK TWO | GREEN EARTH MONDAY | TUESDAY Street Food/Favourites | WEDNESDAY Roast | THURSDAY Pasta Plus | FRIDAY Chippy Day |
|------------------------------------------------|---------------------------------------------------------------------|----------------------------------------------------------|--------------------------------------------------------|--------------------------------------------------------------|---------------------------------------------------------------------|
| Main Meal Option | Cheese & Tomato Pizza with Tomato Pasta Salad | Red Tractor Chicken Sausage with Mashed Potatoes & Gravy | Roast Chicken with Gravy and Stuffing & Roast Potatoes | Lamb & Potato Pie with Mash or Skin on Potato Wedges portion | MSC Battered Fish & Chips |
| Halal Option | N/A | Red Tractor Chicken Sausage with Mashed Potatoes & Gravy | Roast Chicken with Gravy and Stuffing & Roast Potatoes | Garlic & Tomato Chicken Pasta Spirals | N/A |
| Vegetarian Option | Potato, Spinach & Cheese Toasted Wrap with Tomato | Plant Based Sausage with Mashed Potatoes & Gravy | Quorn Grill with Gravy, Stuffing & Roast Potatoes | Macaroni Cheese | Crispy Vegetable Fingers & Chips |
| Vegetables | Baked Beans or British Red Tractor Garden Peas | Broccoli/Cauliflower & Carrots | Broccoli/Cauliflower & Sweetcorn | Broccoli/Cauliflower & Carrots | Baked Beans, British Red Tractor Garden Peas |
| Pasta, Jacket Potato or Sandwich Option | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans | Pasta with Cheese Sauce or Tomato & Basil Sauce | Freshly made sandwiches with Cheese or Tuna Mayonnaise | Pasta with Cheese Sauce or Tomato & Basil Sauce | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans |
| Dessert | Apple & Sultana Crumble Bar with Custard | Iced Carrot Cake & Orange Slices | Chocolate Shortbread/Pinwheels with Chocolate Sauce | Toffee Cream Tart | Chocolate Oaty Slice |

Salad Bar, Freshly Baked Bread, Fresh Fruit and Yoghurt available daily



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|--------------------------------|--------------------------|-----------------------------------|---------------|---------------|

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Autumn Winter Menu 2024/25



WEEK THREE Dates: 2nd Sep, 23rd Sep, 14th Oct, 4th Nov, 25th Nov, 16th Dec, 6th Jan, 27th Jan, 17th Feb, 10th Mar, 31st Mar

| WEEK THREE | GREEN EARTH MONDAY | TUESDAY Street Food/Favourites | WEDNESDAY Roast | THURSDAY Pasta Plus | FRIDAY Chippy Day |
|-----------------------------------------|---------------------------------------------------------------------|---------------------------------------------------|----------------------------------------------------------------|--------------------------------------------------|---------------------------------------------------------------------|
| Main Meal Option | Cheesy Pasta Spirals with Pizza Style Topping | Lamb Lasagne with Garlic & Tomato Bread | Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes | Garlic & Tomato Chicken Pasta | MSC Fish Fingers & Chips |
| Halal Option | n/a | Halal Lamb Lasagne with Garlic & Tomato Bread | Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes | Garlic & Tomato Chicken Pasta | N/A |
| Vegetarian Option | Beany Shepherd's Pie | Vegetable Lasagne with Garlic & Tomato Bread | Quorn Grill with Gravy, Yorkshire Pudding & Roast Potatoes | Garlic & Tomato Vegetable Pasta Spirals | Crispy Vegetable Fingers & Chips |
| Vegetables | Broccoli/Cauliflower & Carrots & Sweetcorn | Sweetcorn & Carrots | Broccoli/Cauliflower & Carrots | Baked Beans, British Red Tractor Garden Peas | Baked Beans, British Red Tractor Garden Peas |
| Pasta, Jacket Potato or Sandwich Option | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans | Pasta with Cheese Sauce or Tomato & Basil Sauce | Freshly made sandwiches with Cheese or Tuna Mayonnaise | Pasta with Cheese Sauce or Tomato & Basil Sauce | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans |
| Dessert | Lemon Cupcake with Fruit Slices | Chocolate Cookie & Orange Wedges | Chocolate Crunch & Chocolate Sauce or Pink Custard | Strawberry Mousse | Lemon Drizzle Cake With Custard |

Salad Bar, Freshly Baked Bread, Fresh Fruit and Yoghurt available daily



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